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LEADERSHIP

# Building Your Power Source





## Women's Leadership Workshop

The gradual rise of women in society's most influential roles ranks among the most profound social transformations of our time. But there is still much work to be done. This moment requires women, in particular, to reexamine their relationship with power – what it is, why they should want it, how to build it and how to effectively wield it.

## > Who Should Attend

This workshop is best suited for female leaders who want to cultivate their personal power source and grow their impact and influence within their organization and beyond.

## > What We'll Do

Leveraging an evidence-based framework designed to help participants develop their personal power source, this workshop will teach participants to cultivate the right mindset surrounding their own power, clarify

their purpose for power, understand the organizational and political contexts in which they will gain power and how to confidently and strategically exercise power to accomplish their goals.

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### Primary Objectives:

- Deepen your self-understanding and connect with your inner powerhouse
- Examine your definition, beliefs, feelings about power and align them with your sense of self
- Enhance your self-efficacy (recognize your value, know your assets, leverage your strengths)
- Clarify your purpose for power and identify what you need power to achieve
- Define your goals
- Understand the organizational system in which you work to identify and fill gaps
- Map your stakeholders
- Recognize behaviors that detract from your power and lean into and practice powerful behaviors

**Check Dates and Register Here:**  
[www.icl.institute/site/events.html](http://www.icl.institute/site/events.html)



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